

# HIP AND KNEE PROGRAMME

2023



The hip and knee programme manages first time, one sided hip and knee replacements. Our partners for the programme are Improved Clinical Pathway Services (ICPS) and JointCare. ICPS and JointCare are groups of orthopaedic surgeons that specialise in performing hip and knee replacements via standardised clinical care pathways (developed in accordance with evidence-based outcomes) and/or expert led Peer Panels and Peer Reviews. The ultimate aim is to ensure that the quality of the hip and/or knee replacement is of the highest standard and to ensure the best health outcomes. The hip and knee programme is applicable to the following options: BonComprehensive, BonClassic, BonComplete, Standard and Standard Select.

**Please note:** You must use a Designated Service Provider, or a R33 100 co-payment will apply.

## HOW DO I ACCESS THE PROGRAMME

# 1

Find an orthopaedic surgeon closest to you on the network by calling **0860 002 108**.

# 2

Set up an appointment with the network surgeon.

# 3

Visit the orthopaedic surgeon to see if you need surgery. ICPS or JointCare will manage your procedure and all the related claim submissions on your behalf including:

- All hospital costs (excluding TTO, including crutches and ice packs - if prescribed)
- Surgeons and anaesthetist fees
- Prosthesis (subject to the prosthesis benefit)
- Physiotherapist costs (Intra and post-operative, limited to 3 visits post discharge)
- Excluding radiology, pathology and any other specialist consultations in hospital e.g. physician

**Please note:** Your doctor must request authorisation for your hip or knee replacement.

## WHAT DOES THE PROGRAMME OFFER?

The programme helps you to take an active part in planning for your recovery for hip or knee surgery as well as ensuring peace of mind by offering a cost-effective and high-quality replacement. It uses a multidisciplinary team dedicated to assist with rapid and successful recovery, keeping patients as comfortable as possible during the healing period. The programme has been established to assist you in taking an active part in planning your care and recovery for hip or knee surgery as well as ensuring financial peace of mind. It is available to members on BonComprehensive, BonClassic, BonComplete, Standard and Standard Select.



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## WHAT HAPPENS IF I DO NOT USE A SURGEON ON THE ICPS OR JOINTCARE NETWORK?

If you choose not to use an ICPS or JointCare orthopaedic surgeon and you are admitted for hip or knee surgery you will have to pay a R31 170 co-payment on admission to hospital. This applies to BonComprehensive, BonClassic, Standard, Standard Select and BonComplete.



## CAN I BE CONFIDENT IN THE SERVICE THAT BOTH ICPS AND JOINTCARE DELIVER?

ICPS and JointCare are groups of orthopaedic surgeons that specialise in performing hip and knee replacements via standardised clinical care pathways (developed in accordance with evidence-based outcomes) and/or expert led Peer Panels and Peer Reviews. The ultimate aim is to ensure that the quality of the hip and/or knee replacement is of the highest standard and to ensure the best health outcomes.

### DETAILS FOR ICPS



Call: 011 327 2599

Website: [www.icpservices.co.za](http://www.icpservices.co.za)

### DETAILS FOR JOINTCARE



Call: 011 568 3334

Website: [www.joint-care.co.za](http://www.joint-care.co.za)